

Understanding EMS Economics

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'Broken system': Iowa's rural ambulance services strained
 In some parts of Iowa, 911 callers can't be assured an ambulance will arrive

Liam Halawith **Emily Andersen**
 Nov. 5, 2023 5:30 am, Updated: Nov. 5, 2023 11:09 am


Fort Worth (TX) Council OKs \$4.2 Million to Cover MedStar Shortfall
 MedStar hasn't received funding from Fort Worth and the other member cities since 2010.

Report Finds New Hampshire EMS System in 'State of Emergency'
 Of the 150 EMS leaders surveyed in the report, 98% of them said the system is in urgent need of attention. More than 90% said the health and safety of residents is being impacted as a result

Colorado ambulance services are on the verge of collapse, government report finds

Why Pennsylvania paramedics say 'EMS is dying'
 The state budget includes a \$20.7 million increase to ambulance reimbursement rates, but EMS agencies say much more is needed.

Knox County's struggling ambulance service will change. What will that look like?



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The Old Axiom

"Nothing in life is free!"

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The Past

What is a life worth?



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The Present!!!

“Is this the best we can do
with the financial resources
available?”

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EMS Finance Misconceptions

- Price (Rates) = Costs
- Component Costs = System Costs
- More Local Tax Support = Better Service
- Volunteers = Free Service

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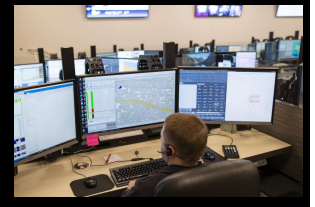
Total Cost of Providing Service

Emergency Medical Services
Costs –
Definitions

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Cost Definitions

- Direct Costs
- Indirect Costs
- Fixed Costs
- Marginal Costs



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Cost Definitions

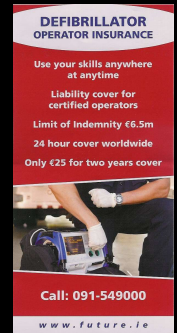
- Direct Costs – A cost that can be traced specifically to a particular service or product
 - Paramedic Labor
 - Fuel
 - Medical Supplies



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Cost Definitions

- Indirect Costs – A cost that cannot be traced to a particular service
 - Administrative Overhead
 - Information Technology
 - Marketing
 - Billing Service
 - Legal and Accounting
 - Insurance



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Cost Definitions

- Fixed Cost – A cost that does not change in total for a given time or activity
 - Vehicles
 - Communication Infrastructure



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Cost Definitions

- Marginal Cost – A cost that fluctuates in direct proportion to changes in activity
 - The addition of additional staffing (Unit Hours) to a schedule



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Total Cost of Providing Service

Emergency Medical Services
Costs –
General Principles

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General Principles

- *Cost of Readiness*
- *Productivity*



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General Principles

- Before Proceeding
 - All Cost Centers Identified
 - All Costs Accurately Reported

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General Principles

- *Cost of Readiness*



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Cost of Readiness

- Strategically Deployed Distribution Network
- Production Capacity Must Exceed Supply and Demand
- Time Dependent Service Delivery

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Cost of Readiness

- Fixed Costs
- NOT Volume Driven Unless Excess Capacity Exceeded
- Length of Trip has Little Effect

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General Principles

- *Productivity*



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Cost Data Source Academy of Mobile Healthcare Integration


- High Performance
- Sole Provider
- Flexible Deployment
- Dynamic Resource Management



2024 High-Performance EMS Benchmarking Study
Part 2: Financial & Productivity, Medical Direction, HR,

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Cost Data Source Academy of Mobile Healthcare Integration



Agency Name	Organizational Structure
Harris County (TX) ESD-11	Public Utility Model: Self-Operated
Mecklenburg EMS Agency (Charlotte, NC)	Public Utility Model: Self-Operated
Medic EMS of Scott County (Davenport, IA)	County-Based
MedStar Mobile Healthcare (Fort Worth, TX)	Public Utility Model: Self-Operated
Metropolitan EMS (Little Rock, AR)	Public Utility Model: Self-Operated
Northwell Center for EMS	Hospital-Based
Pinellas County EMS Authority - Sunstar (Pinellas County, FL)	Public Utility Model: Contracted
Pro EMS (Cambridge, MA)	Private
Regional Emergency Medical Services (Reno, NV)	Public Utility Model: Self-Operated
Richmond Ambulance Authority (Richmond, VA)	Public Utility Model: Self-Operated
Three Rivers Ambulance Authority (Fort Wayne, IN)	Public Utility Model: Self-Operated

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Productivity Key Concepts

- *Total System Cost per Capita*
- Cost per Unit Hour
- Unit Hour Utilization Ratio
- Cost per Transport

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Total System Cost per Capita

$$\frac{\text{Total System Cost}}{\text{Population Served}} = \text{Cost per Capita}$$

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Total System Cost per Capita



2024 - \$68.90

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Productivity

- Total System Cost per
- *Cost per Unit Hour*
- Unit Hour Utilization Ratio
- Cost per Transport

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Cost per Unit Hour

Basic Terminology

Unit Hour - A fully equipped and staffed ambulance on a response or waiting for a response for one hour.



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Unit Hour Costs

EMS does not manufacture accidents and illness.

EMS only manufactures Unit Hours and . . . then waits.

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Unit Hour Costs

- Ranges from *Approximately* \$150-\$300 per Unit Hour
- Direct Labor Costs Comprise Over 75% - 80% of the Total Average Unit Hour
- Marginal Unit Hour Costs are 60 - 75% of total Unit Hour Costs

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Cost per Unit Hour

$$\frac{\text{Total Costs}}{\text{Total Number of Unit Hours}} = \text{Total Unit Hour Costs}$$

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Cost per Unit Hour



2024 - \$180

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Unit Hour Costs

- Unit Hour Costs are Powerfully Affected by Economies of Scale
- Far Less Money is Wasted in the Production of Unit Hours than is Wasted from Squandered Unit Hours



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Unit Hour Costs

- Unit Hour Cost is:
 - A Poor Predictor of Cost per Transport
 - A Poor Predictor of Clinical Quality

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Productivity

- Total System Cost per Capita
- Cost per Unit Hour
- *Unit Hour Utilization Ratio*
- Cost per Transport

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Unit Hour Utilization

Basic Terminology

Utilization -
How frequently the unit hour is used



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Unit Hour Utilization

- Measurements
 - Responses
 - *Transports*
 - Patients Treated (Treat and Release)
 - Work Load
 - Post to Post Moves
 - Equalization

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Unit Hour Utilization Ratio

Basic Terminology

Unit Hour Utilization - A measurement of the productivity of the system calculated by dividing the number of *transports* by the number of unit hours produced for a given period.

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Unit Hour Utilization Ratio

The U/UH Ratio

$\frac{U \text{ (Utilization)}}{UH \text{ (Unit Hours)}}$

$\frac{\text{Patients Transported During Period}}{\text{Unit Hours Produced During Same Period}}$

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Unit Hour Utilization Ratio

$$\frac{4 \text{ Transports}}{12 \text{ Unit Hours}} = .33 \text{ U/UH}$$

$$\frac{600 \text{ Transports}}{1800 \text{ Unit Hours}} = .33 \text{ U/UH}$$

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Unit Hour Utilization Ratio



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Productivity

- Total System Cost per Capita
- Cost per Unit Hour
- Unit Hour Utilization
- *Cost per Transport*

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Cost per Transport

$$\frac{\text{Cost per Unit Hour}}{\text{Productivity (U/UH)}} = \text{Cost per Transport}$$

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Cost per Transport

Example:

$$\frac{8,000 \text{ Patients}}{16,000 \text{ Unit Hours}} = .50$$

$$\frac{\$200}{.50} = \$400 \text{ per Transport}$$

$$\frac{\$200}{.51} = \$392 \text{ per Transport}$$

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Cost per Transport

$$\$8 \times 10,000 \text{ Patients/Year} = \$80,000/\text{Year}$$

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Combining Principles

- *Cost of Readiness*
- *Productivity*



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Impact

Productivity is a far more powerful cost driver than cost per unit hour.

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Cost per Transport

Example:

$$\frac{\$200}{.33} = \$606 \text{ per Transport}$$

$$\frac{\$200}{.25} = \$800 \text{ per Transport}$$

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Cost per Transport

$$\$194 \times 10,000 \text{ Patients/Year} = \$1,940,000/\text{Year}$$

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Special Considerations

- Urban
- Suburban
- Rural



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Rural Costs Structures

- Fewer Transports to Spread Fixed Costs
- Greater Geographic Coverage
- "Centralized" Transports

Table 3: Relative Cost Per Trip for Full Cost Ambulance Providers, 1998

Providers' average number of total trips per day (range)	Cost per trip relative to the average for providers with 9 to 12 trips per day
3 or fewer	1.94
4 to 8	1.30
9 to 12	1.00

Source: Project HOPE.

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Variables Affecting Productivity

- Population Density
- Road Systems and Barriers
- Location of Health Care Facilities
- Hospital Diversions
- Seasons

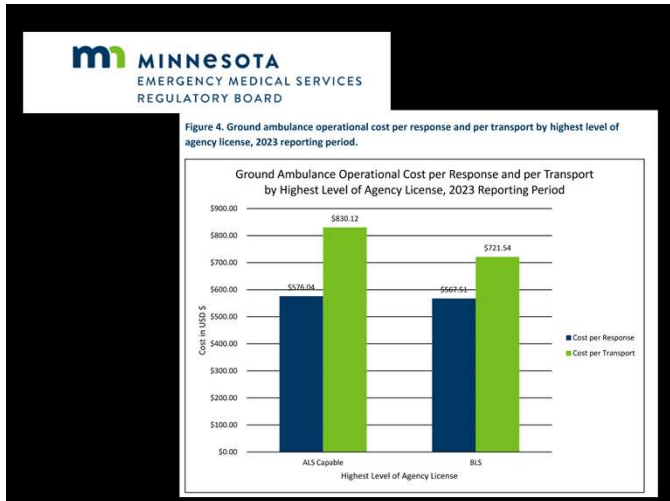
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Cost per Transport



2024 - \$498

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Cost per Transport The "Real World"

	Exclusive	Non-Exclusive (Subsidy Constant)	Non-Exclusive (Total Bill Constant)
Unit Hour Cost	\$99.75	\$99.75	\$99.75
Unit Hour Utilization	0.47	0.42	0.42
Transport Frequency (hour)	2.13	2.37	2.37
Cost Per Patient Transport	\$212.23	\$237.50	\$237.50
Less: Subsidy Per Transport	\$58.14	\$58.14	\$83.41
Sub-Total	\$154.09	\$179.36	\$154.09
Collection Percentage	40%	40%	40%
Total Bill	\$385.24	\$448.40	\$385.23

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